

St Mary's
Denham

PAROUSIA

Weekly News Sheet

February 5th 2012

3rd before Lent

A warm welcome to you all. If you are a newcomer or visitor please make yourself known to the sidesman so that we can welcome you personally.

Your sidesmen at 10.30 are: Sylvia Gammond and Sharon Williams

Rector: Adrian Hirst Associate Priest: Sylvia Coke-Woods

A special welcome to Rev Charles Overton
who will be taking the 8.00am communion this week.

A Quiet Place

There is a book called "Five Minutes' Peace" by Jill Murphy, which is about a Mum looking for a place to be alone, away from her beloved but demanding toddlers. With humour we see her interrupted in every place a Mum might have those five minutes to herself.

Jesus must have felt like that Mum, with needy people clustered around him and brought to him. Their needs reach out to him and because he is loving and compassionate he heals them. But as fast as he makes one whole, another is in front of him. He needs a minutes' rest! So before dawn the next day he goes out. To be apart.

Alone and quiet with God.

When found by Peter, he is refreshed and has reset his agenda. He has found the pattern of his future life, and he begins immediately.

There are times when we too, need to find relief from the daily demands of life; we lose sight of the big picture. We need to be apart.

Alone and quiet with God.

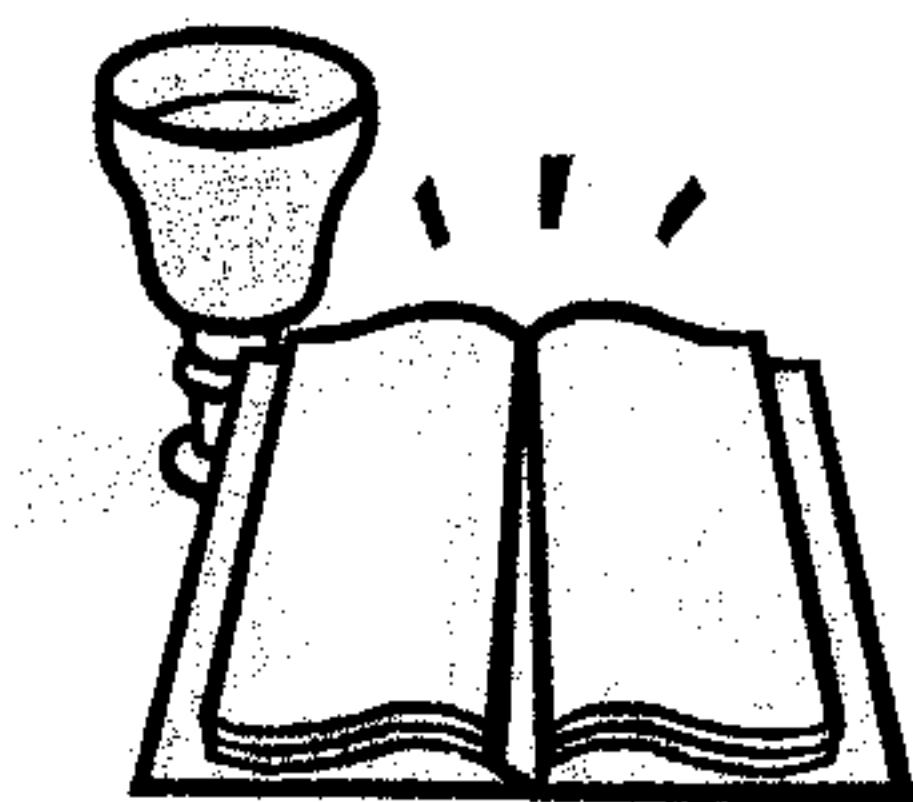
To find a time of day, a particular place, or the opportunity to go to a Quiet Day or Retreat may take some organising, but if we can do it we will find ourselves strengthened and renewed in God's presence and it will help us to find our way on God's path. It will reset our agenda!

God is always with us, listening to us, in our busiest and most frantic of times, but sometimes we need to stop and be quiet to hear him and be filled with his peace. SC-W

Please take this copy of Parousia home with you.
www.stmary-denham.org.uk e-mail: st.mary.denham@btinternet.com

Worship Today

3rd Sunday before Lent



◆8.00am **Holy Communion**
St Mary's

◆Sidesman: Martin Owen

◆10.30am **St Mark's Service**
Leader: Mike Dymott

10.30am **Family Worship**
St Mary's

◆Sidesmen: Sylvia Gammond
Sharon Williams

Readings

◆OT: **Isaiah 40** v.27-31
Reader: Fleur Hook

◆NT: **Mark 1** v29- 39
Reader: David Williams

◆Intercessions: Clergy

Vestry coffee

Please join us for coffee and a chat after the service this morning in the Vestry



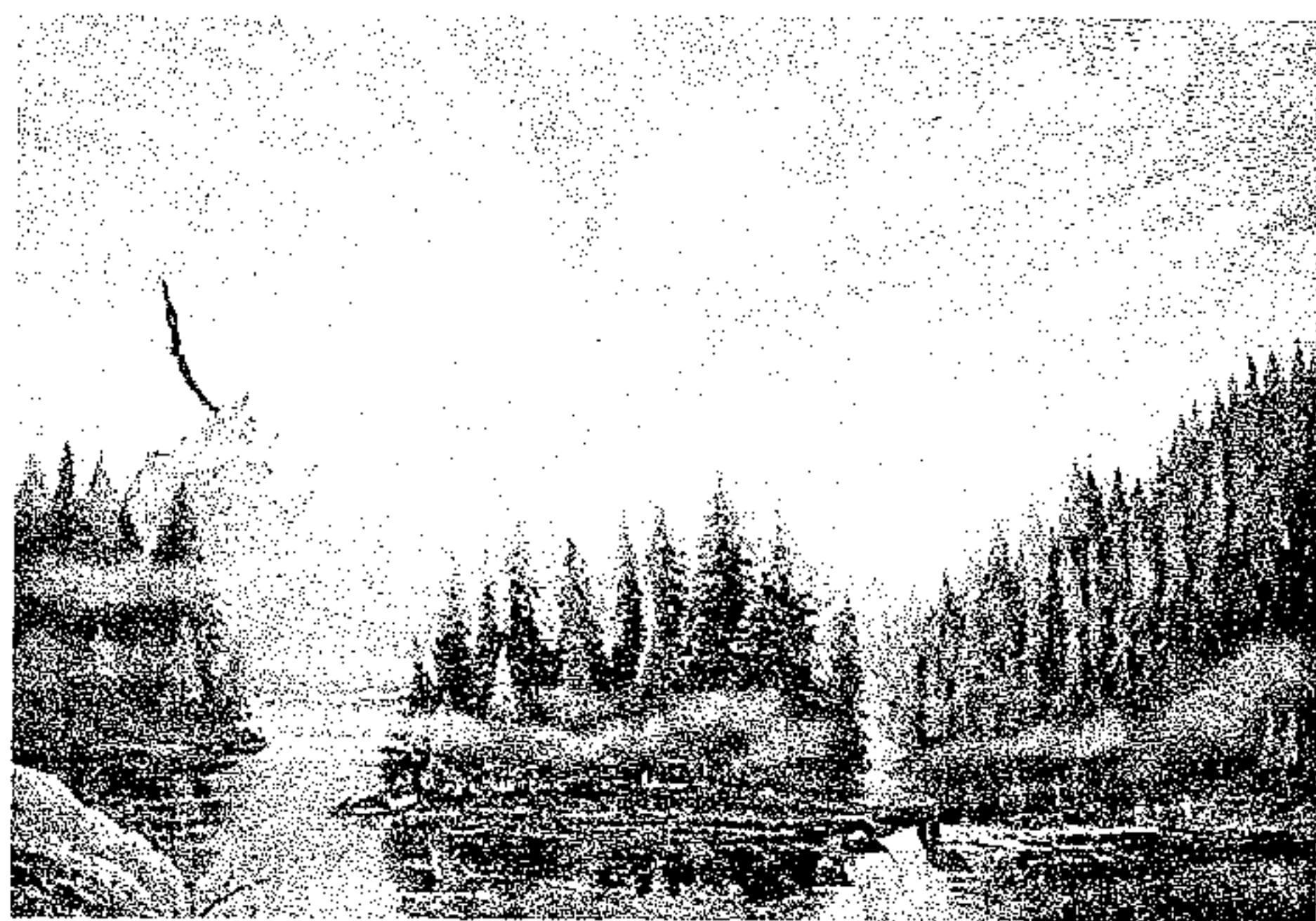
Old Testament

Why do you say, O Jacob, and speak, O Israel, 'My way is hidden from the Lord, and my right is disregarded by my God'?

Have you not known?
Have you not heard?

The Lord is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable.

He gives power to the faint, and strengthens the powerless. Even youths will faint and be weary, and the young will fall exhausted; but those who wait for the Lord shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.



New Testament

As soon as they left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

That evening, at sunset, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him.

In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, 'Everyone is searching for you.' He answered, 'Let us go on to the neighbouring towns, so that I may proclaim the message there also; for that is what I came out to do.' And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.



Next Sunday February 12th 2nd before Lent

- ◆8.00am Holy Communion
St Mary's
- ◆Sidesman: Marian Gollop
- ◆10.30am Sung Communion
with Bishop Alan
St Mary's
Sunday club and
Lazers, Vestry
- ◆Sidesmen: Pamela
Montgomery
Christopher
Pearson
- ◆Reader: Bob Sterry
Beverley Gray
- ◆Intercessions: Joyce Smith

- ◆4.00pm St Mark's service

As you pray this week, please remember

**Debbie Dymott. Peter Ridgewell.
Debbie Miller, Allan Bundy**

and all those suffering from
sickness or the pain of
bereavement especially the family
of

**Brian Lobb. Stephen Mann.
Irene Parsons**



Pews News and Notices

Bishop Alan's visit Sunday 12th February. The Bishop of Buckingham, the Rt Revd Alan Wilson is coming to preach at our 10.30am sung communion service next Sunday do come along and join us, there will coffee afterwards.

Electoral Roll. If you are a regular member of St Mary's is your name on the electoral roll? To be able to vote at the annual meeting your name must be recorded on the roll. If you would like to consider joining please speak to one of the churchwardens.

Lent Lunches: Soup, bread, cheese, coffee. £2 on Friday 2nd March at the Community Centre, New Denham. 12.30-1.30. Any profit to Motor Neurone Disease Association.

Children Society boxes. The Children Society box money is due to be collated this month so please bring your box into church and give it to a Churchwarden. Thank you.

Biblelands. There is a letter at the back of church from Biblelands thanking us for the used stamps we sent.

Snowdrops. Marion Francis suggests that we fill our hearts with joy and hope by enjoying a look at the snowdrops in the churchyard. The flowers of hope are out as a sure sign of life returning to the earth after the long winter months. "The Snowdrop, in purest white array, First rears her head on Candlemas day."

Next Week. All notices and rota changes to the Rectory by Tuesday at the latest please. 01895 832771

The editor next week is

Laura Small

e-mail: smalljlaura@aol.com

01895 834967

This Week

Monday 6th

8.00pm *Bible Group, St Francis*

Tuesday 7th

1.00pm *Holy Communion, St Francis*

7.45pm *PCC St Francis*

Wednesday 8th

7.45pm *Prayer for Healing.
62 Denham Green
Close*

Thursday 9th

10.00am *Holy Communion.
St Mary's Vestry*

11.30am *Holy Communion.
Denham Manor*

2.15pm *Holy Communion.
White Plains*

Collect

Eternal God,
whose Son went among the crowds
and brought healing with his touch:
help us to show his love, in your
Church as we gather together,
and by our lives as they are
transformed into the image of Christ
our Lord.